

# Tools for Right Relationship

by Margi Ross

So often things go wrong in relationship when both people are in a transition. We live in a society where transitions are generally not handled very well, so we have a backlog of wounds.

I've devised a list of questions, which can help bring clarity and greater consciousness to the situation. If you feel it's of any use to you, please can you take yourself through the questions and apply it whenever you feel a need for a resolution of some conflict with another person.

In a woman's psyche, the negative animus (the nasty part of the masculine side of the psyche) usually takes over when the middle ground has not been supported on previous occasions. In addition to this, any woman who is becoming conscious has to integrate the energies of Pluto, the more raw instinctual level of truth. It is through this integration that empowerment happens.

It may be that the Feminine is, in itself, intrinsically split, and it is through our work that the individual anima is brought into some relationship with the older aspect of the Feminine. The individual woman can then become empowered and can mediate, rather than be possessed by the energy of Pluto. If we fear it, or unconsciously identify with it, it has us, and human beings must not be identified with transpersonal collective energies, for we are here to mediate them. If we can mediate them, then all change can happen in a human way.

## Questions

1. What is being activated within your own psyche at the moment, or what was being activated at the time of the incident? Look at transits to planets on your own chart: we project what we haven't integrated.
2. What was your previous experience with that person? What is their inferior function? What are your superior and inferior functions? See attached notes on the Jungian concept of the Four Functions.
4. What shared wounds do you have?
5. What old wounds has it touched in you?
6. Are you projecting the Terrible Mother and/or the Terrible Father onto that person? See attached note.
7. What are their Ray Energies? What are their strengths and weaknesses of their Ray Energies and your own? See attached notes.
8. What do you most need from this person?

Going through this process takes the burden of carrying your negative projections from the other person. It is then sometimes possible to talk about what has been going on in a way which is less frightening and stressful for both people.

### Notes

Alice Bailey was a woman who lived from 1880-1949. During her life she wrote down lots of previously hidden spiritual information.

**Ray energies.** Alice Bailey describes how there are 7 different ray energies:

Ray 1: Will or Power.

Ray 2: Love-Wisdom.

Ray 3: Active Intelligence or Higher Mind.

Ray 4: Art and Harmony through Conflict.

Ray 5: Concrete or Lower Mind.

Ray 6. Devotion.

Ray 7. Ceremonial Magic.

The soul of a person has a ray energy and the different parts of the personality each have a ray energy. The ray is a quality of energy. The theory of ray energies is a very useful tool for understanding others and promoting Right Relationship.

**The Four Functions.** Jung discovered that each person has a superior function, which can be one of the following: sensation (earth), feeling (water), intuition (fire) and thinking (air). In order to function in life a person has to be grounded in their superior function. They can use this with great skill and expertise and, as each function looks after an area of life, this ensures that life moves more smoothly for the benefit of all. The theory of the Four Functions is a great help in understanding others and promoting Right Relationship.

### **The Terrible Mother and the Terrible Father.**

There are two concepts which can help us understand the really nasty sides of Mother and Father energy. We can feel these energies sometimes when people are nasty towards us in a very violent way. This violence can be emotional or physical, or come from the head in mental attitudes towards us, or opinions about us. If we let ourselves be taken over by these negative energies, we do and say things which frighten people and animals. We can easily make them afraid of us, so they dare not be themselves and they feel that *they* are bad.

Examples of the Terrible Father in history are Hitler and Stalin. But we all know people who behave a bit like them, sometimes. The Terrible Mother is a very strong, nasty, emotional energy. It tries to intimidate and bind by using emotionally destructive power, by withdrawing love, by going away, by threat.

We have to have enough strength and healing to control these energies in ourselves and to stand against them in other people. If we don't, we feed and support the negative powers in the world which would like to bring disharmony and warfare

between people. Try to build a strong middle ground in yourself so you can handle the destructive elements in yourself and so become an agent for peace.

© Margi Ross. 1994  
PO Box 1168  
Kingston on Thames  
Surrey  
KT1 3WQ

[www.consciousfeminine.org](http://www.consciousfeminine.org)